



POST-MEET
PROJECT

BASIC OCCUPATIONAL RISK PREVENTION TRAINING

You must always respect the safety signs. Don't forget that the signs inform you of the risks involved in certain situations and it is essential to be aware of them in order to prevent them.



Keep the access roads to the work site and the site clear of materials and obstacles that could trip you or others, and **stack materials correctly.**



Guardrails protect you from falling from a different level. **Do not remove them.**



When working at heights, make sure that the tool cannot fall. To do this, use the tool belt and place toe boards on the working platforms.

Make correct use of auxiliary means (ladders, crutches, tubular scaffolding, concrete derricks, etc.).



Each tool is designed for a specific purpose. **Use the right tool for each type of work, but first check that the tool is in good condition.**



Before carrying out any operation on a machine, **unplug it.**



Whenever possible, **use mechanical means to transport materials and do not handle heavy or bulky loads on your own.**



Personal protective equipment does not eliminate the risk, but, should it materialise, it minimises its consequences and protects you against possible damage to your health. For this reason, use them at all times.

